

Yitzhak Isaac Aftalion (Basketball/Coaching Resume)

EXPERIENCE

2002- Beverly Hills high school basketball team captain.

-Team MVP.

-All Ocean League First team

-2003-2005. Cal state university Northridge Division 1 student athlete on basketball team

2008– 2011 Israeli Basketball League, Professional Basketball Player

- Maccabi Haifa / Hapoel Tivon- shooting guard
- Team reached the National league final four for the first time ever
- Maccabi Ashdod (lack of financial stability from team
- Kfar saba team but left due to lack of financial stability on team.

2016 Beitar Jerusalem offered position as a player and youth coach (but team had limited/low funds)

Experience as Coach and basketball event organizer:

Beverly Hills High School, Assistant Varsity Basketball coach (under coach Luis Turcius) currently professional coach in South America)

- Introduced skill drills into practice, thus complementing individual skill set with team goals
- Created custom workout programs for players to work on individual skills

Private training under coach Geo at impact basketball (impactbball.com)

- Helped Organized 1st Omri Casspi skills camp
- Worked with many high school collegiate and pro players on skills work
- Shooting partner with Rasul Butler and many other NBA/EURO players

Private training under coach Benout Dubosq at Toyota center el-Segundo Laker and kings practice facility

- Learned strength and conditioning techniques (jump higher, run faster etc..)
- Pre and post game mental training
- Recovery techniques from Olympic athletes.

Private training with Erik Hamsaki

-Shooting work with Correy Maggete

Maccabi Haifa vs. Los Angeles Lakers (October 11th, 2015)

- Helped bring a sponsor from LA to team
- Promoted event, powerpoint marketing and ticket sales
- Haifa hoops for kids helper

Worked, trained with UCONN and Israeli Champion Doron Sheffer

- Created programs to instill spirituality and finding G-d on and off court
- Help secular kids find and Keep G-D in their lives
- Promote His book and also soon mine

EDUCATION

2012 **National Academy of Sports Medicine (N.A.S.M)**, Fitness Nutrition Specialist

2002-2007 **CAL STATE UNIVERSITY NORTHRIDGE, Northridge, California**
Bachelor of Science, Business Administration, Marketing, May 2007.

- Division One, Student-Athlete (Men's Basketball)
- Worked part time during school at NIKETOWN.

2005 **TEL AVIV University, ISRAEL**
Study Abroad certificate, Arab/Israeli conflict/ Middle Eastern politics

2014 /2016

- attended NBDL tryouts in L.A and Chicago (received Interest from idaho Stampede (NBDL)
- Decided to try get MBA (masters in Business) Accepted to Yeshiva University SY Syms School of business
- After consultation with Rabbi decided to go to Yeshiva in Israel instead of Yeshiva University
- Yeshiva Aish hatorah , Baley Daat , Shappels (darche noam yeshiva) Yersulayim, Eretz Yisrael
-

References details available upon request.

2016-Current- working as Fitness nutrition Coach and Began writing soulfit the book (Soulfit.com) Beginning stages of Orthodox Judaism, Managed owned first Kosher Healthy Juicery and Cafe in Los Angeles. Working and learning in Los Angeles...

References :

Rabbi Eliyahu Netaneli Shalita
Rabbi Meir Moyal Shalita
Rabbi Lazer Brody
Rabbi Yom Tom Glaser
Rabbi Daniel Cavalier
Rabbi Moshe Tahor
Rabbi Shlomo Israeli

Training/Coaching Basketball References :

Coach Offer Rahimi-Head Coach Hapoel Tivon, Maccabi Haifa, special assistant coach Israeli national Team
Doctor/Coach Jonathan Vakneen- Holistic and wellness coach to many top business leaders, celebrities, and athletes
Coach Geo Auspiro- SKills coach to NBA players impact bball
Coach Joe Abunassar-Founder impact bball
Coach Erik Hamasaki- Shooting and skills coach for Clippers for over 10 years
COach Luis Turcious/COach Sanders-Former BHHS coaches and NCAA athletes
Coach Benoit Dubosq-Strength and conditiong coach at lakers and kings practice facility

